

2024 Middle School Volleyball



“Coming together is the beginning, staying together is progress, and working together is a success!”

Contact information

8th grade coach - Stacia Trapasso - Stacia.trapasso@gocruisers.org

TO BE ELIGIBLE TO TRY-OUT

- **Physical** – You must have a current “MEDICAL ELIGIBILITY FORM” (part of the OHSAA Pre-participation Physical Evaluation) uploaded on Final Forms to participate in any football related activity – camp, practice, scrimmage or game. A physical is good for one calendar year. Well visit paperwork **DOES NOT** count as a physical. The athlete must have an OHSSA physical form signed by a doctor.
- **Physical link** - [https://ohsaaweb.blob.core.windows.net/files/Sports-Medicine/2023-24PPE\(English\).pdf](https://ohsaaweb.blob.core.windows.net/files/Sports-Medicine/2023-24PPE(English).pdf)
- **Final Forms** – all forms must be signed by both the athlete and a parent/guardian.
- **Mandatory Code-of-Conduct** – This will be posted on the Gocruisers.org website.
- **Grades** – Current 7th and 8th grade students must have received passing grades in a minimum of four (4) classes in the immediately preceding grading period. All current 6th grade students are eligible to participate in fall athletics their 7th grade year.
- **Age** – If you turn 15 before Aug. 1st, you are not eligible to play.

CELL PHONES

Absolutely no cell phone usage in the locker room. No phone calls, no pictures, no facetime, etc. If you are caught taking pictures, videos, etc. you will be removed from the team.

BEING A PART OF THE TEAM

- Being on the team **DOES NOT GUARANTEE** you playing time.
- Behavior – You no longer simply represent yourself, you represent your teammates, the coaches, the middle schools, and the school district. Your behavior needs to be above normal expectations.
- Groveport Madison has a **Random Drug Testing** program for all extracurricular participants in grades 7-12. Your child may be randomly drug tested throughout the school year.
 - Camp, Practices and home games will be held at Middle School Central.
- Socks – only acceptable color is black. For games the sock must match.

DISCIPLINE

- Each discipline issue will be handled by the coach on an individual basis.

PHILOSOPHY

- Education is a right, playing volleyball is a privilege. If you cannot handle yourself in the classroom behaviorally and academically, then you cannot play volleyball.

IMPORTANT DATES

Open Gyms – Mondays and Wednesdays 3-5:30pm^{at} Middle School Central starting June 17th – date subject to change.

Volleyball Camp – Starts July 22th – July 26th 3pm – 5:30pm^{at} Middle School Central

Volleyball try outs will be held 2 days –TBD^{at} Middle School Central 4pm-6pm

PARENTS

- Parents if you have a concern or question, set an appointment with the coach. Please do not approach the coach during or after a game.
 - We need for parents to volunteer to work the concession stand.

- Please become active in the booster club.
- We are looking for someone to volunteer to be a team parent for each team.
- Transportation – You need to have an on-time ride after practices and games. (You are responsible for having a ride on time daily) Please check the calendar for practice ending times.
- Practices and home games will be held at Middle School Central.

PURCHASES (only needed if your child makes the team)

- BLACK spandex shorts
- BLACK knee pads (white is acceptable but we want everyone to match)
- BLACK tennis shoes (I would like to get a link of affordable shoes so everyone has the same pair)
- BLACK socks
- Any sweatbands or accessories you would need during a game must be black.

We will be using the app called TEAM REACH

Students code - Cruiservolleyball2024

Parents code - volleyballparent24